

## Our Mission

The Maine Sea Coast Mission provides spiritual, health, and youth development programs in coastal and island communities from mid-coast to Downeast Maine. Rooted in a history of non-denominational service, the Mission offers hope, encouragement and help to strengthen individuals, families and communities.



BILL KUYKENDALL

"Faith is not belief without proof, but trust without reservation."

D. ELTON TRUEBLOOD



Dear Friends,

Few things are more sacred in life than having others place their trust in you. When it occurs, the response is gratitude and determination to show that the confidence is well-placed.

The Mission is grateful and places a high value on the trust that we enjoy from those we serve and those who support our work with their time and resources.

Islanders let us know they trust us in a myriad of ways. They walk into the telehealth exam room on the *Sunbeam V* and share their health concerns with Nurse Sharon. It ranges from a wound that isn't healing to a depression that feels like a two-thousand pound mooring rock. Sharon is entrusted with those concerns, knowing that the care she offers or links them to will be caring and competent. Or they open their door to Pastor Rob or one of our Island Partner Church pastors, sometimes for tea and talk, other times for worship. Trust develops so that when they are on the mainland recovering from surgery or dealing with the death of a loved one, our pastors walk in and make a difference because they are accompanied by an accumulated trust.

Parents trust us. They hand Charlie and our EdGE staff their children week in and week out including weeks at a time in the summer. On bikes and kayaks, running robots and computers, at sea on the *Sunbeam V* and on trips to Boston, Washington and Philadelphia, they entrust them to us. They expect us not only to keep them safe and help with their homework, but they trust that we will reinforce core values and attitudes that shape lifelong habits of character and self-esteem.

And our donors entrust their dollars to us because they know that they will be used faithfully and effectively in the delivery of services designed to make a difference, one life at a time.

A popular poster reads, "In the global village, distance no longer decides who is your neighbor." We would add that in a village, global or local, trust is the foundation upon which neighbors reach out to one another.

2007 was a year when the network of trust, granted us from those we serve, was woven larger and stronger and for that we are humble and grateful.

Sincerely,

Jill Goldthwait, President

Gary DeLong, Executive Director

The Maine Sea Coast Mission

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Bill Clark of Isle au Haut with Nurse Sharon Daley. FREDFIELD.COM

## Outreach to Islands

#### ISLAND HEALTH SERVICES

Sharon Daley, RN of the telemedicine program, traveled to the islands of Frenchboro, Swan's, Isle au Haut, and Matinicus on Sunbeam V twice a month, and connected via telemedicine to pediatricians, diabetic specialists, respiratory therapists, and primary care providers. Sharon facilitated screening clinics (cardiac, blood pressure, diabetes, prostate cancer, thyroid disease, cholesterol, blood sugar, skin cancer, etc.) and AA meetings, provided chronic care management in homes when individuals cannot travel to the dock, and organized health services such as preschool screening. In addition, Sharon served as the nurse for the island schools of Matinicus and Frenchboro. She provided health education, vision and hearing screenings, maintained immunization and health records, and was a resource to teachers.

Behavioral health service has grown. In the last year, many children and adults were seen by psychiatrists and counselors via telemedicine on the *Sunbeam V*. Dr. Deb Loftus, child psychologist at MDI Hospital, showed the connection between mind and body when

she went to Frenchboro on the *Sunbeam V* and gave a talk on parenting. She encouraged connections, getting parents talking, exchanging ideas, and supporting one another.

Frenchboro residents had difficulty purchasing groceries because the Frenchboro ferry leaves on Wednesday and returns on Thursday. This was expensive and difficult for some people such as teachers who cannot leave work for two days each week. Sharon saw a need for this service and arranged for food to be delivered to Frenchboro with assistance from Shaw's Grocery Store and Island Connections. Residents now fax their orders into Shaw's and Island Connections, an MDI non-profit, picks up the food and delivers it to the island.

This year, two nurses from the VA Hospital traveled on the *Sunbeam V* to meet with veterans on Frenchboro and Swan's Island. They listened to the veterans' concerns about traveling from the island to the VA hospital in Togus for medical treatment and their desire to use telemedicine as an alternative.

2 MSCM 2007 On November 4, 2007, island residents from nine islands responded to the Mission's invitation and gathered at the University of Maine's Hutchinson Center in Belfast to discuss an island health initiative. They discussed the need for more trained Emergency Medical Technicians on the islands. This training is difficult because it requires off-island training or a trainer to come to the island. They also discussed primary care, behavioral health, home health care, and the idea of having land-based telemedicine units on the islands in order to provide better access to healthcare.

The Mill Pond Health Clinic on Swan's Island opened its doors to the island population on November 15, 2007. Last year the Town of Swan's Island approved the use of \$200,000 of town funds for the renovation of a building for use as a health clinic. The Maine Sea Coast Mission matched donations from islanders with \$27,000 for a total of \$54,000 for necessary furnishings and medical equipment, which included an updated telemedicine unit. The clinic will use telemedicine technology to connect island patients to land-based clinics and hospitals so they can receive specialized medical diagnosis and treatment. Nurse Daley will continue to make visits to Swan's Island on a biweekly basis, but will now be seeing patients at the Mill Pond Health Clinic, rather than on the Sunbeam V. The clinic allows more services to be offered to islanders and

provides easier access, particularly for those who found getting on and off the *Sunbeam V* challenging.

This year the telemedicine program was featured in the August 2007 *Bangor Metro* magazine in an article entitled, "Health Care That Floats" and in the November 2007, *Health Management Technology* magazine in an article entitled, "Riding the Technological Wave."

Late one evening, a person came to the *Sunbeam V*, sad and hurting. The person said, "I was driving around and needed to talk and knew it would be o.k. to come here." The core of what we do on the *Sunbeam V* is about connections. Connections are often expressed in small, subtle ways. But when the time is taken to acknowledge them fully, the real scope of the work we do is seen. We form lasting relationships with communities that enrich both their lives, and ours.

# MINISTRIES TO ISLANDS Outer Islands Ministry

The *Sunbeam V* again served as an able vessel to nurture hope and bolster community spirits through gatherings of enthusiastic students, an inter-island softball tournament, sacred times in the island communities, and workshops with engaging artists and musicians.

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Telemedicine unit on Sunbeam V is used to examine Frenchboro child.





# Conversations about fishing regulations and the scarcity of both bait and lobsters arose...

An important role for the Pastor to the Outer Islands is to convene gatherings of islanders young and old. The year began with the third annual retreat for island middle schoolers, in 2007. Fourteen students from six islands trekked to the University of Maine where they explored the opportunities and challenges of the transition to off-island high school. During this trip, they made new friends, volunteered at the Ronald MacDonald house, and climbed the rock wall at MaineBound. For adults, a summertime inter-island softball tournament between Islesford, Great Cranberry, Frenchboro, and Isle au Haut produced three memorable afternoons and many closely fought contests. Frenchboro emerged as the newly-crowned champion, besting Great Cranberry 3-2 and powerhouse Islesford 18-7. Along the way, conversations about fishing regulations and the scarcity of both bait and lobsters arose among fishermen-turned-softball players, and fans took turns swatting mosquitoes and flipping burgers while basking in the delightful summer sun.

Another role of the pastor is to offer opportunities for island communities to act in concert, perhaps in unusual ways, outside the traditional roles many inhabit. This year, the Sheep Island Rovers again offered their enthusiastic and joyful energy to contra dances on Frenchboro and Isle au Haut. Malen Hsu offered her considerable musical gifts as organist/pianist for the *Sunbeam V's* Easter trip. The Frogtown Mountain Puppeteers drew a huge Frenchboro crowd for their

performance of "Everybody Loves Pirates," a hilarious tale of Lobster Boys heroic efforts. The Blue Hill high school steelband, Planet Pan, offered a community workshop and concert on Matinicus, drawing a dozen residents who learned to play the steel drums and who later played for more than 40 neighbors in a community concert on the wharf. Two things lighten the spirits and solidify the ground of community during mud season: new ways of relating to one's neighbors, and the simple gift of joy.

Traditionally the Pastor to the Outer Islands has been involved with the acknowledged centers of each island community—the one-room schoolhouse. Rev. Benson was honored to speak at the Monhegan graduation ceremony recognizing two island students bound for high school, and the *Sunbeam V* again served as the host site for the second annual island teachers retreat in August. The *Sunbeam V* also brought students from Monhegan, Matinicus, and Isle au Haut to the inter-island event on Frenchboro, where nearly 50 students (K-8, from five islands) gathered for two days of activities and fun.

Cristy Benson offered a basket-making class and Christmas ornament weaving workshop on Isle au Haut, and Rev. Benson performed a wedding on Matinicus on a glorious day in October. The next day, Rev. Benson officiated at the fourth annual Blessing of the Pets service on Monhegan.

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BILL KUYKENDALL





Island students attending Inter-Island event on Frenchboro. ROB BENSON

This year, the *Sunbeam V* served the island residents by providing exciting new programs, partnerships, and opportunities to connect with a wider circle of island residents.

### **Island Partner Churches**

The Mission maintains a special partnership with four island churches on Swan's, Islesboro, North Haven, and Vinalhaven. Providing financial and logistical support, this enables the congregation to have a full-time pastor whose parish is the entire island.

### North Haven Baptist Church

Pastor Dave Macy and the members of the North Haven Baptist Church had a unique year in 2007. They learned what they meant to each other by being apart for several months of the year while Rev. Macy took an extended sabbatical made possible by a Lily Endowment Grant which was applied for jointly by the pastor and the congregation. Dr. Robert Bach, an island resident, retired physician and second career divinity student, filled in during the sabbatical. Dr. Bach's ministry during that time was greatly appreciated.

Lay leaders and pastors report that small numbers are always a worry and threat. They make it difficult to pay the bills and the burden of carrying out programs often falls repeatedly to the few. However, this small but determined congregation makes an impact.

The church had previously completed a Mission Outreach Planning Process that was led by Maine Sea Coast Mission staff. A recently formed island outreach effort called North Haven Cares came to the church to see if the church would embrace this home health care outreach effort. Designed to assist both the elderly and their caregivers, the program was seeking a stable home base and it seemed to be a good fit to form a collaborative partnership with the church. Many of the goals of this well thought-out effort matched the intended outcomes of the planning process.

Rev. Macy continues to fulfill the role of pastor to the congregation and missionary to the whole island as called for in the Mission's Partner Church program.

### Second Baptist Church in Islesboro

Saying farewell to a pastor is always difficult for a congregation. Having to say goodbye to Pastor James Weathersby at the time of his resignation in October of 2007 was difficult for everyone. Pastor James and wife Valerie made a lasting impression on the congregation and across the island as he was part of many island-wide efforts, affiliations and relationships during his three year ministry.

Early in December 2007, a decision was made to search for an interim pastor who will serve for approximately one year while the congregation plans for the next settled pastor.

In spite of Pastor James departure near the end of the year, a look back over 2007 sees a small, but active, congregation making Gods love tangible in everyday moments of caring.

These include weekly Sunday School classes and Summer Vacation Bible School open to all island 5 MSCM 2007



children. The normal rounds of fundraisers and community builders took place on schedule. Among them were: kitchen table bible study, strawberry festival, rummage sale, combined services with the summer Episcopal congregation, Red Cross blood drive, Christmas eve dinner and service, mission luncheons each Wednesday open to all, an all church yard sale, and a concert presented by the band "Soul View." Together all made for a wonderful year of increasing neighbor to neighbor caring and community.

Worship is central to the life of Second Baptist with a special commitment to leading the summer sunset services at Grindle Point. In addition to regular Sunday worship, there is a special emphasis made on Mother's Day, Palm Sunday, Easter Sunrise service at the Narrows, Easter Sunday, and Children's Day.

#### Swan's Island Baptist Church

Rev. Ken Dutille, Minister at the Swan's Island Baptist Church, found that collaboration was this year's theme.

Rev. Dutille, worked with the Maine Sea Coast Mission's Housing Repair Ministry and church members to repair the Swan's Island Baptist Church. The ministry arranged for volunteers from two churches in Pennsylvania to work on the church. The volunteers ranged from 17 to 75 years old. First, they painted two sides of the church. Next, they refinished the annex

floor. The floor, which provides space for the church's summer dinners, needed to be refinished. Because the summer dinners have been so successful, the finish on the floor was completely gone. Now the floor looks beautiful with five coats of varnish. The church provided a ham dinner to the group on the first night, and on the final night a lobster bake was given to show appreciation for all their labor. It wasn't all work and no play. The group had opportunities to visit the quarry and Fine Sand Beach on Swan's Island.

Later that year, the Advent Christian Church summer minister left for the winter to his Pennsylvania home. A joint effort between the two island churches evolved. Meetings were held with Dr. Max Creswell (Advent summer minister), Rev. Gary Delong, Rev. Ken Dutille, and both congregations. A Memorandum of Understanding was developed and signed. To help save fuel costs, the congregations voted to have Rev. Dutille hold services the first and third Sundays at the Baptist Church and the second and fourth Sundays at the Advent Church. A theme was developed—"Two Churches: Loving God and Loving Community." Now, with a renewed interest in cooperative island church life, attendance has increased.

#### Union Church of Vinalhaven

Island churches are both strong and fragile. The finances are always on the margin, but it never seems to lessen the

6 MSCM 2007 impact these congregations have in their communities. Much of the impact comes via the tireless outreach of the Partner Church pastors who, by virtue of their calling and their job description, provide care and nurture to their congregations with an eye out for where they can minister to anyone at any time, island-wide.

Pastor Michelle Wiley-Arey, while working only parttime in 2007, reached out with special gifts to impact those in financial distress and those who were grieving or lonely. Pastor Wiley brings a special expertise to helping people connect to available social service resources whether for battered women or fuel assistance or any of the multiple needs people may have. She assists those of her own flock and way beyond, following up with assistance with paperwork, forms and navigating all the barriers that go with modern social and medical services.

During 2007 the Union Church averaged fifty-two people in winter worship and seventy-eight in summer. As a major community resource, the church also serves as a place for meetings, as community concert hall, and a place for fundraisers to support local causes and organizations.

A significant 2007 achievement of the congregation was the completion of the parsonage renovation.

# Minister to Coastal Communities and Fisheries

Ted Hoskins continues to serve on the Boards of Trustees/Directors of a number of community-based resource management organizations including: Penobscot East Resource Center in Stonington, Cobscook Bay Resource Center in Eastport, Northwest Atlantic Marine Alliance in Saco, and Saltwater Network based in Digby, Nova Scotia. Being the only person with ties to all these fishery groups, he plays a communications role that helps everyone stay tuned to common concerns and wider issues. As a member of Maine's Department of Marine Resources Lobster Advisory Council this role is even further enhanced.

Ted is frequently called upon to facilitate meetings. In 2007, he facilitated the Collaborative Lobster Enhancement Evaluation Workshop in Stonington and the Canadian American Lobster Town Meeting in New Brunswick. At the Maine Fishermen's Forum in Rockport, he also facilitated several of the workshops.

Coastal fishing communities east of the Penobscot River need to diversify their fishing opportunities. The Downeast Initiative, co-chaired by Ted, seeks to establish new management options for the New England Fishery Management Council while working

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Matinicus Island residents join the Planet Pan Steel Band after island workshop. Mikki Ames



toward conserving and protecting groundfish stocks as well as providing access on a sustainable basis to communities in the Downeast area. The Downeast Initiative has proposed a pilot project to demonstrate the viability of community based resource management. A training program for fishermen in small coastal communities was developed to provide the skills needed to initiate local alliances to more effectively participate in the management and legislative processes that determine fishing issues. The Community Fisheries Action Roundtable will hold its first sessions in January, February and March of 2008. Representatives from five

Downeast communities committed to participate in the three two-day sessions.

This year Ted was chosen for a Mid-East Fellowship with the Quebec Labrador Foundation with the overall theme: "Developing Approaches to Preventing and Mitigating Community Conflict." He visited Egypt, Jordan, Palestine, and Israel and will be returning several times before the fellowship is over. His case study, presented on several occasions, dealt with the Downeast Initiative. A book will be published in 2009 detailing the project's work.

# A training program for fishermen in small coastal communities was developed to provide needed skills.

BILL KUYKENDALL







Dave and Betty Allen.

# Sunbeam V Captain and Steward Retire

Sixty-five years of service to an organization sounds almost impossible in this day and age, but not if you look at the record of a couple who gave that number of years between them on the *Sunbeam V*. Dave Allen, the captain, was with the Mission since 1971. Betty Allen, the ship's steward, ran the *Sunbeam V's* galley since they got married in 1978.

Dave and Betty made their last trip in February's blustery weather. After they retired, their contributions have become more apparent as many island residents remain in touch with them directly, and others come aboard the *Sunbeam V* simply to inquire about their whereabouts and well-being. They are still very much a part the *Sunbeam V*. Their pictures hang in the galley, and the crew who served with them share stories of Dave's ability to dock the boat in challenging conditions while chatting on the phone, as well as Betty's gravity-defying oven modifications that kept the meals coming in rough weather.

Dave's blend of old-fashioned seamanship and adoption of modern technology has earned him a reputation that any captain would wish to emulate. From Frenchboro to Monhegan and many ports in between, twelve months a year including cold and icy winter months, the *Sunbeam V*, with Captain Allen at the helm, made thousands of trips in all kinds of weather. Winter winds and icy winter seas demand a level of respect that is different. It is one thing to steer a boat home on a clear day in a light breeze. However, safely piloting a boat back from Matinicus long after dark and in thick fog requires a superior level of seamanship not easily acquired. Dave Allen has brought the *Sunbeam V* home in those conditions time after time.

And getting there and back is just part of it. The four-person crew, their guests and all who come aboard were treated over the years to generous and delicious cuisine and desserts, especially warm freshly filled cream puffs. Betty was also famous for her all island dinners where the main cabin would be crowded with people filling bowl after bowl with one of her classic stews. In addition, she was much loved and appreciated for her charm and many enjoyable art classes.

Dave and Betty were feted at a farewell celebration at the Maine Sea Coast Mission headquarters on March 9, 2007. Senator Dennis Damon presented them with a proclamation from Gov. Baldacci thanking them for their many years of service and declaring March 9, 2007, to be Dave and Betty Allen Day. Senator Damon also presented them with a sentiment of the legislature expressing gratitude for their years of service. Jill Goldthwait, President of the Board, and Gary DeLong, Executive Director, also presented the Allens with a beautiful rendering of the *Sunbeam V*, carved out of basalt by Mark Harrington of Franklin, Maine.

## Youth Development

# Edge-After School and Summer Programs for Youth

In 2007, the EdGE Program celebrated its fifth anniversary. In the five years since the Maine Sea Coast Mission launched the program, the EdGE has reached out to children in rural Washington County by building quality programming, providing enrichment opportunities, and supporting life-long learning.

At this important milestone, the EdGE can look back over its five-year history and reflect on the changes within the program and on the strengths that have remained constant. When the EdGE first began, 30 students at two schools participated in activities with a supervisor. In 2007, 312 students at the new EdGE building and in six schools participated in individualized programs with twelve staff.

The EdGE has continued to build partnerships with other organizations. Some of these collaborations offer valuable hands-on learning opportunities for students. These included the FIRST Lego League and a film-making course funded by the Maine Arts Commission through a Company of Girls. EdGE-bots, a competitive team of Lego robotics engineers in grades 4-8, competed at the FIRST Lego Leagues state competition. Student filmmakers in middle school and high school

had a chance to write, direct, and edit their own independent films with help from professional filmmaker Martha Almy. Two students from this group were chosen to show their work at a student film festival in Portland, Maine.

Another important partnership involved 4-H and the Washington County Cooperative Extension. They teamed up with the EdGE to offer a Lego Robotics Expo that was open to all schools in Washington County. Additionally, 4-H volunteers offered two service learning clubs at the EdGE – Kids on the Grow and the Pink Club. Members of Kids on the Grow learned about early childhood education and volunteered at a local preschool. The Pink Club, based at the Ella Lewis School in Steuben, gave students the opportunity to identify and problem solve a need within their community. In an effort to increase community wellness and physical fitness, the group applied for and received a Youth in Action Grant from Cumberland Farms for \$1,400 which they used, along with volunteer support, to make improvements to the schools existing walking track.

The EdGE continued its collaborative work with MSAD 37 and Union 96. The Ella Lewis School in Union 96 piloted a backpack program with the EdGE and the Good Shepherd Food Bank. To help end child

EdGE students kayaking alongside the Sunbeam V.







EdGE students at summer camp.

## 2006-2007 EdGE Facts

- Over 50% of students attended regularly which is twice the national average
- 79% of parents of regular attendees attended one or more family event
- Over 2,480 volunteer hours were donated to the EdGE
- 80% of the students were eligible for free or reduced lunch
- 85% of all students retained or improved their math and language arts grades
- 96% of students who formerly had poor class attendance attended more frequently
- 87% of students who once had a hard time getting along with others showed improvement
- 96% of students who used to turn in homework late were getting homework in on time

hunger, students identified by the school principal received backpacks, with enough food each Friday to last them throughout the weekend.

In MSAD 37, Narraguagus High School partnered with the EdGE to create a mentoring program. A school staff committee, including the guidance counselor and principal, selected students to take part in the program. The program's goal was to help ease the transition into high school and increase graduation rates. Eighteen incoming freshmen were paired with upper classmen and met once a week for teambuilding and goal setting activities.

Also, within MSAD 37, the D.W. Merritt School and the EdGE have joined with the Department of Education to pilot *Creating Fair, Safe, and Responsive Schools*, an anti-bullying program. The EdGE was one of four programs selected state-wide to pilot this program. EdGE and D.W. Merritt team members worked with all students in grades six through eight twice a month.

The EdGE constantly works to expand a child's view of the world. In April, high school students who worked with the EdGE for 40 hours in 2006-2007 visited Washington D.C. Memorable stops included a

visit with Maine Senator Susan Collins at the Capitol, a luncheon with White House Fellows, a visit to Arlington Cemetery, and a tour of Mount Vernon.

Two EdGE students, Carolyn Rittenhouse and Jodi Burgess, were among the first pioneer EdGE participants and were involved in the very first EdGE summer camps. In high school they were strong members of the EdGE team and helped engage younger students in activities. In 2007, they both received scholarships through the Maine Sea Coast Mission.

Based on her five years with the EdGE, Carolyn Rittenhouse writes the following:

Because of the EdGE Program, I was able to develop necessary social and leadership skills. As I pursue a degree in Elementary Education at the University of Maine Farmington, I understand the importance of allowing children and teenagers to discover who they are and the need to challenge them to reach their goals in a safe and supportive environment. The EdGE provided me with the role models, opportunities, and activities that would have otherwise been unavailable to me. I entered the program in junior high as a shy and unsure girl, with an unstable

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# "The EdGE provided me with the role models, opportunities, and activities that would have otherwise been unavailable

to me." Carolyn Rittenhouse

future. I left confident, active, goal-oriented, and able to step towards a life I had never known I could have before. As a former EdGE participant, staff member, and current EdGE Scholarship recipient, my gratitude to this program and the people who help make it possible is beyond that which I could ever express through words. My hope is that for years to come others might have the same life-defining experiences through the EdGE Program.

#### SCHOLARSHIPS FOR DOWNEAST STUDENTS

In 2007, the Maine Sea Coast Mission awarded \$92,000 in scholarships to 93 students. The scholarships ranged from \$500 to \$1,000. The Mission also offers a renewable EdGE scholarship of \$2,000 presented to an EdGE student who has successfully completed the EdGE program. Carolyn Rittenhouse of Cherryfield was the first recipient. All together, 42 Washington County, 46 Hancock County, and five Knox-Waldo County students received scholarships and 72 chose to attend a college or university located in Maine.

The second annual Scholarship Picnic was held in July. It was well attended by more than 50 students and their parents. The participants had a great time getting to know each other. They discussed how college life is very different from high school and how parents feel about sending their children to college. The picnic was a great reward for the scholars' hard work and a learning experience for the Maine Sea Coast Mission. The Mission listened to the scholars as they spoke and learned new ways to help them have a successful college experience.

Scholars are always grateful for the assistance that they received from the Maine Sea Coast Mission. One scholar said, "I would like to thank you for the scholarship. I plan to take my studies at Maine Maritime Academy very seriously so I can have a prosperous career and hopefully give something back the community in the future." A second scholar said, "Thank you for helping me this year in regards to the scholarship. When I called your office I did not expect the Mission to be so helpful. The Mission went above and beyond for me and I really appreciate it. I will not let the Maine Sea Coast Mission down."

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Linda Thompson, Scholarship Committee member, and Carolyn Rittenhouse, EdGE Scholarship recipient.





# Meeting Immediate Needs—One Family's Story

The Maine Sea Coast Mission helps many people with basic needs such as food, clothing, shelter, and companionship. One family in particular defines the work that the Mission does in Downeast Maine. Sally is a single mother trying her best to make a living and provide for her family. She never finished high school and works part time for minimum wage. She receives food stamps and fuel assistance which decrease each time her hours are increased. She and her daughter, Jenny, live in a trailer with little heat and no running water. Jenny struggled in school with academics and friends. Sally was barely making ends meet. The Mission provided them with many resources and today they are better able to meet the challenges of everyday life.

Sally and Jenny are like most people who live in poverty. They wonder everyday, "How long will the food last? How many more days do we have until the heating fuel runs out? How far can I go with the gas in my car? Will my car break down and leave me stranded and unable to get to work? What will I do without a pay day?"

Sally used the Food Pantry to supplement the food she buys. In addition, she and Jenny are connected to a family in Ohio through a program coordinated by the Mission, called Family to Family. Each month the families exchange letters and the Ohio family sends a package with food and other necessities. Sally and Jenny also buy clothing at the Thrift Shop and Jenny receives presents from the Christmas program. Fuel was provided to help heat their home with Emergency Assistance funds. Jenny has attended the EdGE afterschool program regularly for the past four years. She is paired with an adult EdGE mentor and has the additional support of a peer mentor as part of the EdGE afterschool program.

She also applied to the Mission's Housing Repair Ministry for plumbing to connect her house to a well and septic system. The Ministry arranged for a volunteer group from Byfield and Newburyport, Massachusetts to do the work. The group was large and included master carpenters, roofers and plumbers along with enthusiastic amateurs. With donations to cover the cost of materials, the group provided the expertise to bring water to the trailer. Then, when it was discovered that the trailer wasn't insulated, they returned to weatherize it. When the group said goodbye to Sally on the first snowy day in October, she thanked them and told them she was going to take a bubble bath for the first time in years.

Sally's employer recently increased her salary and gave her a full-time position with more responsibility. Jenny's grades are improving as is her ability to work with others. She continues to receive support in school and afterschool. The caring people and coordinated resources of the Mission gave Sally and Jenny a sense of hope and belief that they could make a better life for themselves.

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# Meeting Immediate Needs

## Food Pantry in Cherryfield

The Food Pantry, located in Cherryfield at the Mission's Downeast Campus, provides nutritious food and fresh produce to people in the communities of Cherryfield, Milbridge, Harrington, Addison, Columbia, Columbia Falls, Steuben, Beddington and Deblois. Some individuals need help each month and others come as the need arises. There have been many new clients as living expenses increase and income decreases. A box of food will feed a family for one week which, for many, is an important supplement to food stamps. The Mission, with support from the Good Shepherd Food Bank, United States Department of Agriculture, local churches, organizations and community members met, the needs of over 3,000 people in 1,200 households in 2007 by providing over 45,000 meals.

Volunteers are integral to the success of the food pantry. Six very committed women regularly help Gena Norgaard, Food Pantry Manager, with every aspect of the program. They welcome clients, stock shelves, and fill the food boxes. Some have volunteered for over 20 years. Others help occasionally unpacking food orders and working in the garden.

The Mission Food Pantry has a unique element, fresh produce from an organic garden. This year, the harvest included corn, carrots, beets, summer squash, zucchini, cucumbers, tomatoes, peppers, green beans, peas, winter

Food Pantry's garden in Cherryfield. CHARLIE HARRINGTON

squash, pumpkins, cantaloupe, broccoli and radishes. Over 100 bushels of vegetables were harvested plus 52 squash, 45 pumpkins and 15 cantaloupes. Fresh produce is a luxury that many of our clients are unable to afford.

All direct service programs at the Maine Sea Coast Mission work together to meet the various needs of our clients. This occurred at Christmas when a woman came into the food pantry and told Gena about her situation. She had no heat, no cook stove, no food and no funds for Christmas. The Mission provided fuel, food, a crock pot, warm clothes and Christmas presents.

## Bread of Life Food Pantry, Swan's Island

With the increased cost of fuel and bait and a significant decrease in lobsters being caught, many lobstermen and their families experienced food insecurity. Rev. Ken Dutille, Bread of Life Food Pantry Manager, reported an increase in the pantry's client list in 2007. The food pantry distributed 25,000 pounds of food in 2007 to residents on Swan's Island and Matinicus Island. The *Sunbeam V* takes food to Matinicus as needed.

At Christmas, the pantry provided fifty boxes of food to island residents and donated Christmas candy boxes to about 20 elderly residents.

Forty-eight dozen roses were donated by Hannaford Brothers to the Good Shepherd Food Bank in Brewer.







Unloading Thrift Shop donations.

The roses were then donated to the Bread of Life Food Pantry. Ken and Pat Dutille delivered the roses to many of the women on the island. Some had never received roses in their life and were very surprised. For the next week, roses were the centerpiece on many island tables.

The Food Pantry benefits many people. One elderly lady was so happy she said; "Wow, I haven't had any bread for over a week, now I can have a sandwich." Another person said that all they had in their cupboard was an onion. One day, an elderly person told Rev. Dutille, "I had to make the decision; will it be food or fuel this month? Because of the Bread of Life Food Pantry, I can have both."

## Thrift Shop

The Mission Thrift Shop provides high quality, gently used clothing, and household items at a price that is affordable to all. The shop is clean, attractive and welcoming. Customers are greeted with a smile and many stay to visit once they've made a purchase. Almost 50,000 items including clothing, coats, shoes, household items, furniture, and books were recycled and sold.

The Thrift Shop has a voucher program for people who have experienced hardships, such as a fire, domestic violence, or insufficient funds. The voucher program allows people to obtain items at the Thrift Shop. Marilyn Nickson, Manager, Laurie Merchant, Showroom Supervisor, and the staff work with other

Mission programs to identify and help people who need food, clothing, and repairs to their homes. These individuals are referred to various Mission programs for support.

Each year the shopping area in the Thrift Shop is improved. This year, a lighted display case was donated. This allowed the shop to replace the original counters and rearrange the front of the store for better flow. The case provides an attractive setting for jewelry and special items and makes the showroom more elegant and organized.

## **Emergency Financial Assistance**

In 2007, the Mission assisted 190 households in Hancock and Washington Counties with emergency financial assistance. The majority of assistance was for fuel oil, but assistance was also given for car repairs, electricity, food, frozen pipe repair, sewer and water bills, mortgage, rent, plumbing, an eye exam, and glasses. The Mission seeks to connect appropriate Mission programs to those seeking assistance. One example of this is described below.

The Mission was contacted by a woman named Mary. She is raising her two grandchildren because her son is serving in the U.S. military in Iraq. The children's mother suffers from mental illness and is incapable of taking care of the children. Mary has limited means and needed some assistance. First, we provided oil for her fuel tank. Then, we provided mattresses and bedding

15 MSCM 2007

"I had to make the decision; will it be food or fuel this month? Because of the Bread of Life Food Pantry, I can have both."





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from our Thrift Shop and Christmas presents from our Christmas Program. Mary was very appreciative and from time to time she calls to let us know that she will be just fine and that her son will be home soon.

## The Christmas Program

The Christmas Program met with great success again in 2007 having provided 15,000 presents to nearly 3,000 individuals with personalized gift packages. Among the recipients were 400 pre-school children and 600 nursing home residents. While names are compiled and submitted by either teachers or staff, there are many other means by which people come to participate in this exciting annual event.

On the outer islands, for example, a volunteer is selected to represent those who will be present in the community during the holiday season. The representative, or "elf," then collects pertinent information from each participant. When the participants' clothing sizes, interests, and hobbies have been recorded, the data is forwarded to the Mission where an appealing and appropriate bundle of goods is assembled from the gathered donations.

A similar format for name collection is utilized for numerous towns in Downeast Maine. The towns in which an elf is currently enlisted include: Jonesboro, Addison, Masons Bay, Milbridge, Harrington, Winter Harbor, Beals, Cutler, Steuben, Cherryfield, Jonesport, Eastport, Sullivan, and Columbia Falls. Both these "elves" and the island representatives are integral to the Christmas Program's success. The representatives' community awareness enables the program staff and its volunteers to better serve their neighbors and friends.

The Mission collaborates with several agencies and churches in a coordinated Christmas Program called the Giving Tree. We work together to avoid duplication of effort and to identify the neediest. It is not uncommon for those who receive assistance through such agencies to also benefit from receiving a gift package from the Maine Sea Coast Mission. However, it is the Christmas Program that truly benefits from the agencies referrals and their extensive knowledge of those they support.

These methods of recognizing people in need have proven to be very valuable, but not entirely inclusive. For this reason, the Mission continues to invite the residents of the outer islands and Hancock and Washington Counties to contact us directly with requests. In 2007, over 300 people did just that. The Christmas Program will continue to seek additional avenues for locating recipients and continue to support those who have come to rely on our gifts.

## Housing Repair Ministry

The Maine Sea Coast Mission Housing Repair Ministry hosted five church groups at the Downeast Campus in Cherryfield: two from Massachusetts, two from Pennsylvania, and one from Maine. The group from Byfield/Newburyport, Massachusetts, volunteered twice. The five groups brought over 200 volunteers to assist with various home repair projects for low income families in western Washington County. The projects varied in size and impact, from building a set of steps, to providing a family with a water line to their trailer and replacing all the plumbing under the trailer, to installing a septic tank and connecting it to a leach field. This was also a landmark year where we used available funds to work with local contractors to help a family with no running water.

The Housing Ministry helped 11 low income families and two churches with some very significant projects that would not have been completed if not for this program. The Mission is able to fill the gaps and provide help for families who fall through the cracks of the system. We learn more each year and become better able to meet the needs of our neighbors with the expert help of the volunteer groups that return each year.

## Senior Companion Program

The Maine Sea Coast Mission's Senior Companion Program serves as a station for the Senior Companion Program of the University of Maine Cooperative Extension. The University provides a helpful stipend to individuals 60 years of age or older, particularly those on limited incomes, who are hired as Senior Companions.

The Senior Companions touch the lives of adults who need extra assistance to live independently in their own homes or communities. They serve elderly individuals who are homebound, have disabilities, terminal illnesses, or require nursing care after an extended hospital stay. They also offer respite for regular caregivers. The companions add richness to their clients' lives in basic but essential ways by offering assistance with simple chores, grocery shopping, transportation to medical and other appointments, companionship and friendship. Also, the Senior Companions often coordinate with the Maine Sea Coast Mission's Food Pantry to help transport their clients' food.

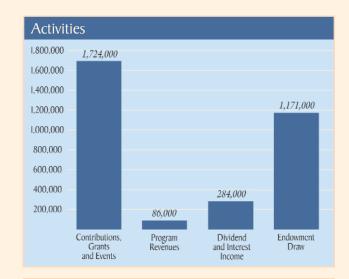
The Mission sent requests to hospitals and low income housing units to find seniors in need of help. In 2007, the Mission supervised seven Senior Companions serving 46 clients in Washington County.

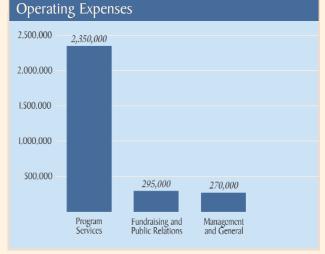


The financial information presented on this page is derived from the Maine Sea Coast Mission's financial statements, audited by Foster, Carpenter, Black & Co., LLP, Certified Public Accountants, of Bangor, Maine. Copies of the full report may be obtained by contacting the Mission at 207.288.5097.

## Financial Statements 2007

Statement of Financial Position	
ASSETS	
Current Assets	35,699,000
Fixed Assets	2,845,000
TOTAL ASSETS	38,544,000
LIADILITIES AND NET ASSETS	
LIABILITIES AND NET ASSETS Current Liabilities	64.000
	64,000 15,000
Long-term Liabilities Net Assets	38,465,000
TOTAL LIABILITIES and NET ASSETS	38,544,000
10 III DI DI DI III II II II II II II II I	30,311,000
Statement of Activities	
OPERATING REVENUE, GAINS AND OTHER SU	JPPORT
Contributions, Grants and Events	1,724,000
Program Revenues	86,000
Dividend and Interest Income (Net)	284,000
Endowment Draw	1,171,000
TOTAL OPERATING REVENUE, GAINS AND	
OTHER SUPPORT	3,265,000
OPERATING EXPENSES	
PROGRAM SERVICES	
	797,000
	///,000
Island Outreach Youth Development	904 000
Youth Development Meeting Immediate Needs	904,000 649,000







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Island Outreach	797,000
Youth Development	904,000
Meeting Immediate Needs	649,000
TOTAL PROGRAM SERVICE EXPENSE	2,350,000
SUPPORT SERVICES	
Fundraising and Public Relations	295,000
Management and General	270,000
TOTAL SUPPORT SERVICE EXPENSE	565,000
TOTAL OPERATING EXPENSE	2,915,000
CHANGE IN NET ASSETS FROM OPERATIONS	350,000
NON-OPERATING INCOME, GAINS AND LOSSES	
Restricted Contributions	2,018,000
Restricted Grants	465,000
Restricted Investment Income	86,000
Restricted Investment Gains and Losses	777,000
Unrestricted Investment Gains and Losses	
(net of Draw)	1,202,000
CHANGE IN NON-OPERATING NET ASSETS	4,548,000
INCREASE (DECREASE)	
IN TOTAL NET ASSETS	4,898,000
NET ASSETS – BEGINNING OF YEAR	33,567,000
NET ASSETS – END OF YEAR	38,465,000

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